Warm up: fold a tiny star (mini activity)

Objective: Warm up to basic origami by folding a tiny star with thin strips of paper. Unfold the star to investigate how a supernova unpacks the star’s material.

Materials:
These origami lucky stars are made with strips of paper cut about 10-inches to 11-inches long. Each strip can be as wide as 1/4 inch, 1/2 inch, or 3/4 inch. Thinner strips make smaller stars while fatter strips make larger stars.

For very large stars you can also try long thin strips of wrapping paper.

Ages: Any

Time needed: 15-20 minutes

1. Make a loop at one end of the paper. Weave the short end of the paper through the loop.
2. Tighten knot and press flat.
3. Fold short-end of paper down towards center of star. If it is too long, tear off a small piece.
4. Fold long-end of paper up. Make sure edges line up right on top of one another.
5. Flip paper around so long-end of paper is pointing down again.
6. Fold long-end of paper up and to the left. Make sure edges line up one on top of the other.
7. Flip paper around again so long-end of paper is pointing down.
8. Pinch the sides and puff out your star! Be careful here, too, to avoid ripping your star.

Helpful Hint:
Be very careful when folding and knotting your paper to avoid ripping it.

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